

# NorCAL Alliance

*norcal alliance*



**When:** Spring Season (Feb-April, possibly May for Cal Cup)

**Cost:** \$325 (covers reversible jersey, equipment and field rental and coaching fee)

Girls will be responsible for their sticks (beginners can borrow a stick to start), mouthguards, socks, shinguards and a current USAFH membership (\$50). This is required for insurance purposes and for tournament participation <https://www.teamusa.org/usa-field-hockey/membership>

**Practices:** Specific location, days and times TBD.

Will vary from 1-3x/ week depending on tournament dates. There will be three different kinds of practices: beginner practice, advanced practice and all club practice. Only advanced players will be allowed to attend the advanced practices. Our prospective practice schedule is Tuesday & Thursday evenings and Saturday mornings.

**Prospective 2020 Tournament Dates (subject to change):**

CAL: **March 7/8**

Davis: **April 3/4**

Stanford: TBD

**Tournaments:** These are not mandatory for players to attend as I know Spring can be a busy season with other sports and events. Tournaments will be an additional \$50/player to cover the tournament entrance fee. If you attend CAL & Davis tournament- the club will cover your entrance fee for Stanford- so buy the first two and get the last tournament free.

\*Tournament Fees will be due mid February/early March before the CAL tournament.

**Cal Cup:** *If enough U19 and/or U16 girls are interested in attending Cal Cup over Memorial Day weekend (May 22-25, 2020: held in Moorpark, California) NorCAL Alliance will participate. This tournament is one of the best opportunities to play against players from different states & even countries, watch advanced field hockey competition, and showcase skills in front of college coaches. There would be an additional entrance fee for this tournament as well.*

**Coach:** Coach Cloey Millerick (formerly Cloey LemMon) is an UC Davis alumni 2014 who was a 4 year forward starter for their D1NCAA field hockey program. This is her second year running NorCAL Alliance Club team; she also coached 3 years of club and high school FH in San Jose CA prior to moving to Chico.

**Email:** norcalalliancefh@gmail.com

### Q&A:

Who is this club team open to?

- Any 7<sup>th</sup>, 8<sup>th</sup> or high school player who are interested from all over NorCAL.

What is the benefit of playing on a club team?

- Spring season allows players to further develop their skills during the off-season, play in club tournaments, stay in shape and learn skills from other coaches as well as other high school players.

How do tournament teams work?

- Tournament teams are divided by age group, you may play in an older division, but you may not play in a younger division (for example : if you turn 16 by 1/1/2020 you may for U19 team but not for U16).
- Tournaments are full-day events held on Saturdays and Sundays: U16 will be one day and U19 will be the other day. If you commit to a tournament and paid, but are unable to attend, a refund will not be provided. In order to receive a refund you will be in charge of finding a replacement player to play and pay that cost.

Who do I make payments to?

- All payments can be made to Cloey Millerick- in the subject line please write NorCAL Alliance.
- Tournament payments will be made to MaTC

Any questions or concerns please contact Coach Cloey

Thank you and looking forward to Spring season 2020!

**WAIYER OF LIABILITY AND PHOTO RELEASE AGREEMENT**

In and for consideration of the undersigned participant's registration with NorCAL Alliance Field Hockey and coaches ("the Club") and being allowed to participate in events and member activities, participant and the parents(s) or legal guardian(s) of participant waive, release and relinquish any and all claims for liability and cause(s) of action, including for personal injury property damage or wrongful death occurring to participant or participant's parent(s) or legal guardian(s) arising out of participation or risks associated with the Club's events, the sport of field hockey, and/or activities incidental thereto, whenever or however they occur and for such period said activities may continue, and by this agreement any such claims, rights and causes of action that participant and /or participant's parent(s) or legal guardian(s) may have are hereby waived, released and relinquished, and participant and participant's parent(s) /guardian(s) do so on behalf of their heirs, executors, administrators and assigns.

These risk and dangers may be caused by the negligence of the participant, participant's parent(s)/guardian(s) or the negligence of others, including the Club, its affiliates, members, event hosts other participants, other parents and legal guardians, coaches, officials, sponsors, advisers, owners and operators of the premises used to conduct any event and each of the them, their officers, directors, agents and employees (collectively, "releases"), and include risks arising from the conditions and use of sports facilities and related premises, Participant and Participants' parents(s)/guardian(s) further acknowledge that there may be risks and dangers not known to us or not reasonably foreseeable at this time.

In addition, Participant and the parent(s) or legal guardian(s) of Participant thereby consent to emergency medical treatment, hospitalization or other medical treatment as may be necessary as determined by a Certified Athletic Trainer, Physician and/or hospital in the event of an injury or illness during the periods of time in which they are participating in the Organization's events. Participant and the parent(s) or legal guardian(s) of participant are responsible for all costs associated with this medical treatment.

Participant and participant's parent(s)/guardian(s) acknowledge that they have been provided and have read the above paragraphs and have not relied upon any presentations or releases, that they are fully advised of the potential dangers of field hockey.

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Participation Signature

Age

Date Signed

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Participant Name (PRINT)

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Parent or Guardian Signature

Date Signed

The Club may use visual images of participant's activities to record the club's history and accomplishments. Participants may be interviewed or photographed for use as content in organization and community publications, websites, and other appropriate venues. Any and all publication of Participant names, photographs, video and comments posted on the Internet will be done in accordance with state and federal law.

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Participation Signature                      Age                      Date Signed

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Participant Name (PRINT)

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Parent or Guardian Signature    Date Signed



# CLUB REGISTRATION FORM

Player Name: \_ \_ \_ \_ \_

Birthdate & Grade: \_ \_ \_ \_ \_

Years of FH Experience: \_ \_ \_ \_ \_

Parent Name: \_ \_ \_ \_ \_

Preferred Email for Communication: \_ \_ \_ \_ \_

Parent Phone #: \_ \_ \_ \_ \_

Player Phone# (if applicable): \_ \_ \_ \_ \_

Women's Adult Jersey Size (please circle):    **XXS/XS**    S/M    L/XL

Any special medical conditions:

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2020 Tournaments Interested In: (please circle)

\*reminder if you participate in both CAL and UC Davis, the club will cover your entrance fee for the Stanford Tournament. Cal Cup is tentative depending on amount of players interested in attending.

CAL            UC Davis            Stanford            Cal Cup (May 22-25, 2019 in Moorpark California)

Please turn in this form, waiver & check to Coach Cloey in person or mail

**by Jan 15, 2020**

Cloey Millerick: NorCAL Alliance

5 Latania Lane

Chico CA 95926

Thank you and looking forward to Spring Season 2020!

